## Information For the Use Paroxetine I.P. 25mg Prolonged Release Tablets

### Paroxyle 25 CR

# Paroxetine 25mg Prolonged Release Tablets

## **An Antidepressant for Mood and Anxiety Disorders**

#### Composition (Per Tablet):

Paroxetine I.P. – 25mg (Prolonged Release)

#### **Product Overview:**

Paroxetine is a **selective serotonin reuptake inhibitor** (**SSRI**) commonly prescribed for the treatment of **depression**, **anxiety disorders**, and **obsessive-compulsive disorder** (**OCD**). The **prolonged-release** formulation ensures a steady release of the drug over time, providing consistent therapeutic effects while minimizing side effects. Paroxetine works by **increasing serotonin levels** in the brain, which helps regulate mood, anxiety, and overall emotional balance.

This extended-release tablet offers **once-daily dosing**, improving convenience and patient adherence to therapy.

#### Key Benefits:

- Effective in treating major depressive disorder (MDD)
- Reduces symptoms of anxiety, including generalized anxiety disorder (GAD), social anxiety disorder, and panic disorder
- Relieves obsessive-compulsive symptoms in OCD
- Effective for post-traumatic stress disorder (PTSD) and premenstrual dysphoric disorder (PMDD)
- Prolonged-release formulation for stable blood levels and reduced side effects
- Once-daily dosing for improved compliance

#### How It Works:

Paroxetine works by **inhibiting the reuptake of serotonin** in the brain. This action **increases serotonin levels**, which helps regulate mood and emotions, thereby improving symptoms of depression, anxiety, and OCD. The **prolonged-release** formulation ensures a **steady release** of the drug throughout the day, offering consistent therapeutic benefits.

#### Indications:

- Major depressive disorder (MDD)
- Generalized anxiety disorder (GAD)
- Panic disorder
- Social anxiety disorder (SAD)
- Obsessive-compulsive disorder (OCD)
- Post-traumatic stress disorder (PTSD)
- Premenstrual dysphoric disorder (PMDD)

#### Dosage & Administration:

- **Usual Adult Dose:** 25mg once daily, typically taken in the morning
- The dose may be increased gradually up to 50mg per day, based on individual response
- Swallow whole with water; do not crush or chew the tablet
- · Can be taken with or without food
- Follow your doctor's instructions for optimal dosing

#### Precautions & Warnings:

- Not recommended for use in patients with severe liver or kidney impairment
- May cause drowsiness, dizziness, or difficulty concentrating; avoid operating heavy machinery until you know how this medication affects you
- May increase the risk of suicidal thoughts and behavior, particularly in children, adolescents, and young adults

- Gradual dose adjustments are recommended to reduce the risk of withdrawal symptoms upon discontinuation
- Monitor for serotonin syndrome (e.g., agitation, confusion, tremors, fever) if taken with other serotonergic medications
- Caution in patients with a history of seizures, glaucoma, or bipolar disorder
- Consult a doctor before use if pregnant or breastfeeding

#### Side Effects (Common and Rare):

- Nausea, dry mouth, or loss of appetite
- Drowsiness, dizziness, or insomnia
- Sweating, tremors, or headache
- Sexual dysfunction or changes in libido
- Weight gain or loss (rare)
- **Serotonin syndrome** (rare, serious)
- Suicidal thoughts (especially in younger individuals)

#### Storage Instructions:

- Store in a cool, dry place, away from direct sunlight
- Keep out of reach of children
- Do not refrigerate or freeze

#### Why Choose This Product?

- Clinically proven effectiveness in treating depression, anxiety, and OCD
- Prolonged-release formulation for consistent symptom control
- Once-daily dosing for convenience
- Better tolerability with a reduced side effect profile compared to immediate-release formulations

For the best results, **follow the prescribed dosage** and regularly monitor for side effects. If you experience any unusual symptoms, such as mood changes or thoughts of self-harm, seek immediate medical help.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

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